

## IMPORTANT NBHS MARCHING BAND CAMP INFORMATION

A successful and safe experience for the student means coming prepared. Please make sure to bring the following items to camp:

### ***Wear:***

- Running or Cross Training shoes.** *NO flip-flops or skate board shoes*
- Comfortable shorts (must follow dress code)
- Light colored shirts (no spaghetti straps)
- A hat or visor, such as a baseball cap, to protect the face from the sun
- Sunglasses (optional)

### ***Bring:***

- 1/2 Gallon water cooler
- Lunch and snacks
- Sun Tan lotion (SPF 30 minimum recommended)
- Instruments and extra accessories (valve oil, reeds, etc.)
- Band camp fees balances
- Any missing forms

### **Before coming to camp:**

Students should become acclimated to outside weather. Have them play or workout outside for short periods throughout the day each week prior to camp starting.

Students should drink plenty of water the night before each band camp rehearsal.

Eat something prior to practice in the morning, such as fruit, granola, etc. ***Do not consume any dairy products!***

### **Required Forms:**

The 2017 Marching Band Packet and physicals must be completed prior to participating at band camp. You can find these on our [newbernbands.org](http://newbernbands.org)

### **Band Camp Fees:**

Stay on top of payment schedule (June-October. are 5 payments of \$84, plus November-\$84) We hire outside staff members to help teach and create our show. We must be able to pay them.

If marching shoes are needed, they must be purchased during band camp for an additional \$32.

### **Volunteers are needed:**

We do need parents to help with Student Tent /First Aid (where students go to stay cool and if they are not feeling well). This can be split into shifts.

### **Donations Needed:**

- Packages Bottled Water (for football games and competitions)
- Assorted packaged snacks (Chips, cookies, Little Debbie's, etc.)
- Fruit (apples, watermelon, oranges, grapes, bananas)

### **What Does a Typical Day Look Like?**

- I. Morning Rehearsal Outside. Work on Marching Basics and Drill (approx. 4hrs) (except Front Ensemble Percussion)
- II. Lunch (50 minutes) Students with driver's licenses may leave campus. *No other student (except a sibling) may ride with student drivers. There will be no exception to this rule.***
- III. Inside, Afternoon Rehearsals (approx. 2.5 hrs)
- IV. Outside Full Band Rehearsal late afternoon (until the end)

*\*Great caution is taken to give sufficient water and shade breaks throughout the outside rehearsals.*

*\*\*In the event of rain, rehearsals are held inside.*